Parish Council Meeting following coffee hour

Holy Communion" in Greek is "Thea Koinonia." "Thea" means "Holy" and "Koinonia" means "Fellowship." Put together, Holy Communion is "Divine Fellowship." Our regular concept of fellowship is a relationship between persons. For instance, after Divine Liturgy on Sundays in most churches, there is a "coffee hour" or a "fellowship hour." The purpose of this is so that after we worship together, we establish relationships with the people with whom we are worshipping. There isn't supposed to be conversation during worship, so our opportunity to get to know others in the community occurs after the service. This fellowship is critical, because without it, we won't build relationships, and without relationships, we would be at church with a group of people, but we wouldn't know them, we wouldn't have fellowship with them, and we wouldn't be able to help carry their burdens, as St. Paul instructs us in Galatians 6:2.

The "fellowship" that occurs in Holy Communion is different, in that it is a divine fellowship with God. However, it is similar because it is in this divine fellowship that we establish a relationship with the Holy Trinity. Thus, the second reason we receive is so that we can enjoy fellowship with God.

Please keep in your prayers Gus Alastanos and Patty Lambernedis



New Dates: June 16-17



St. Spyridon Greek Orthodox Church

May 7, 2023

Sunday of the Paralytic
Commemoration of the Precious Cross that appeared
in the sky over Jerusalem in 352 A.D.
Cyril, Archbishop of Jerusalem
Akakios the Centurion of Byzantium

Antiphon III

Christ is Risen from the dead, by death trampling down upon death, and to those in the tombs He has granted.

Resurrectional Apolytikion

Let the heavens sing for joy, and let everything on earth be glad. For with His arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

Hymn of St. Spyridon

Kontakion

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Epistle: Acts of the Apostles 9:32-42

There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel: John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to

him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool

when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

